

21/01/2019

Sub: Appreciation for conducting the wellness seminar at UFO Moviez

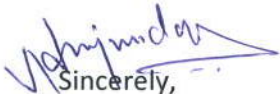
Dear Ms. Payal Mahapatra,

We'd like to express our sincere gratitude for your inspiring and insightful session on health and wellness conducted at our head office in Mumbai on 15<sup>th</sup> Jan'19.

We've received positive feedback from the participants of the session on the topics covered and more importantly the awareness created in them about what are some of the most basic and simple changes people can make to their daily lives that can lead to a much more fulfilling and healthy lifestyle.

The session could not have come at a better time for us, with the Mumbai Marathon just around the corner. Few myths that you unveiled with your years of research and depth of understanding on the subject helped the participants to a great extent.

We wish you and [www.crtlaltzen.com](http://www.crtlaltzen.com) the very best as you continue your journey of making a difference in people's lives, thereby, not allowing the gut to leak!



Sincerely,

Naimish Majmudar

General Manager – People Development

UFO Moviez India Ltd